

# Bullying Prevention

## What Works, What Doesn't Work<sup>©</sup>

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<b>WORKS</b>	<b>DOESN'T WORK</b>
<b>Overall Approach</b>	
School Climate Changes, Focus on Interpersonal Relationships Among Adults & Students	Individual Counseling (in the absence of systemic interventions) and Mediation
Whole School or Universal Social Skills Training	Assertiveness Training for Victims of Bullying
Infused Curriculum	Curriculum Restricted to Single Subject or Class
Consciousness Raising	Exclusive focus on rules
Focus on Human Rights	Rights of Passage Orientation
Modeling Supportive Relationships	Modeling Intimidation or Humiliation
Focus on Role of Bystanders as Well as Bullies and Victims	Exclusive Focus on Bullies or Victims
<b>Stakeholder Involvement</b>	
Ongoing Efforts, Active Task Force or Coordinating Committee	Time-limited activities or one-time special events
Advocacy with School Board	Exclusive Focus on a Teachers or Principal
Teacher/Administrator Training	Assumption of Knowledge
Coordination with Parents	Parents as Passive Partners
Active Role for Students	Passive Role for Students
<b>Best Practices</b>	
Multiple Didactic Approaches (role plays, excises, student led activities)	Lectures or Preaching
Dissemination of Simple Rules and Rights	Complicated Policies
Graduated Sanctions	Zero Tolerance Policies
Constructive Sanctions, Positive Behavioral Supports	Shaming Bullies
Consistently Enforced & Fair Rules	Selective Enforcement of Rules and Unreasonable Rules
Safe ways to Report Bullying with Focus on Helping to Make the School Safer for All	Unclear Messages about Reporting, Associating Reporting with Snitching
Focus on Strengths	Focus on Deficits
Focus on Most Prevalent Types of Bullying	Exclusive Focus on Physical/Verbal Bullying
Peer Support Networks	Stigmatizing Victims via Specialized Efforts
<b>Measure and Assess</b>	
Ongoing Surveys, Focus Groups	Assumptions about What Works